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8-10 small frozen strawberries

3 fresh strawberries

1 c. coconut milk

1 t. almond butter

1 t. honey

Chocolate Avocado

1 avocado

2 frozen bananas

1/2 c. frozen or fresh raspberries

1-2 T. unsweetened cocoa powder

2 c. almond or coconut milk

Cinnamon Coconut Banana

1/2 c. coconut milk

4 large egg yolks

1 medium banana

1/4 c. ice

1/2 t. cinnamon

Grab the book for more paleo smoothie recipes now!

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