

Air Fry Every Day - Ben Mims Read Ebooks

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Air Fry Every Day Ben Mims Read ebooks [EN] PDF, ePub, Mobi, The go-to air fryer cookbook with 75 recipes for your favorite indulgences—faster, healthier, and crispier!

“You won’t believe all the fun and inventive things the air fryer can do.”—Claire King, head of culinary at *Tasty*

The air fryer is the newest must-have kitchen appliance and it’s easy to see why: fried foods come out perfectly crispy and crunchy, using little to no oil, and at a fraction of the calories—all ready in less time and with less mess. With the air fryer’s versatility, whether you’re frying, baking, or roasting, you may never turn your oven on again!

This essential air fryer cookbook shows you how to create healthier fresh takes on comfort food classics, crowd-pleasing snacks, and kid-friendly dishes, such as

Triple-Coconut Shrimp • Memphis-Style BBQ Pork Ribs • French Onion Potato Skins • Crispy Herbed Chickpeas • Charred Sweet Potatoes • Homemade Personal Pizzas • Cheesy Pull-Apart Garlic Bread • Sweet-and-Sour Brussels Sprouts • Goopy “Spoon” Brownies • Lemon-Poppy Seed Drizzle Cake

With recipes that are creative, fast, and foolproof, plus bonus tips and techniques, this is the only air fryer cookbook you need to get the most of your new favorite kitchen gadget.

Praise for *Air Fry Every Day*

“Rethink the way you air fry, or cook in general, with this cookbook packed with delicious and healthy recipes from my favorite person, Ben Mims. From crispy classics, like Shoestring French Fries or Fried Chicken Tenders, to surprising vegetables and desserts, like Mole-Braised Cauliflower or Strawberry Scone Shortcake, your mind will be blown with the diversity of meals you can make using this piece of equipment, and save on an oily mess in your kitchen.”—Farideh Sadeghin, Culinary Director at *Munchies*

“In an oversaturated market of niche cookbooks and novelty cookware, Ben Mims manages to rise above, expanding the horizons of the air fryer thanks to his technical test-kitchen expertise and his creative culinary streak. I will follow Ben and his biscuits wherever he takes them! Despite my tiny Brooklyn kitchen, I’m compelled to make room for an Air Fryer, buy his book and master his approach.”—Alexa Weibel, Senior Food Editor at *Rachael Ray Every Day*

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