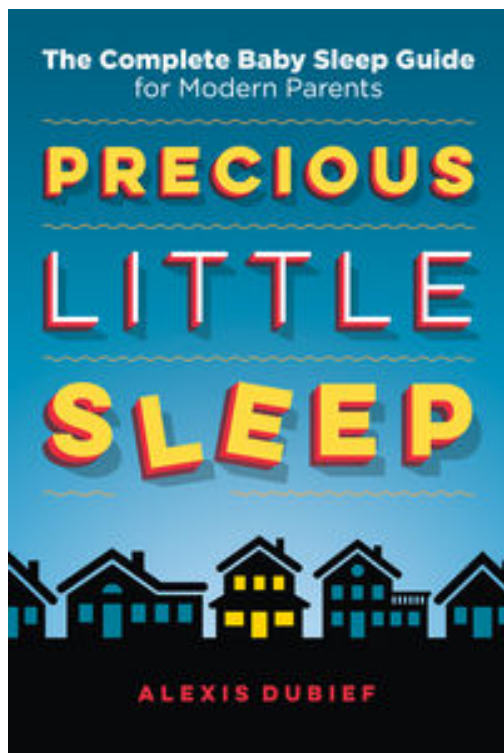


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This book will help you tackle the thorniest sleep snags, including:

Navigating the tricky newborn phase like a pro
Achieving the dream of helping your child sleep through the night
Weaning off the all night buffet
Mastering the precarious tango that is healthy napping
Solving toddler and preschooler sleep struggles

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