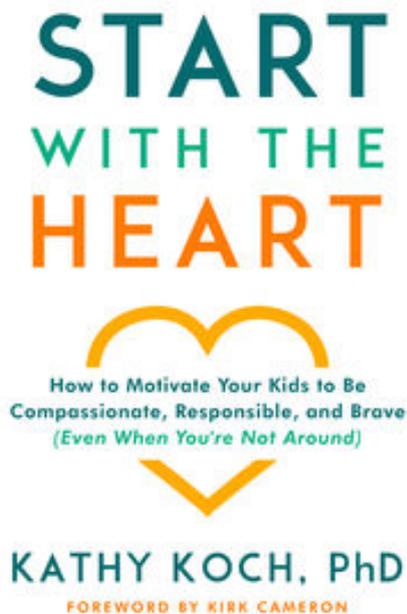


# Start With The Heart - Kathy Koch, PhD & Kirk Cameron Read Ebooks [EN] PDF, EPub, Mobi



**Start with the Heart Kathy Koch, PhD & Kirk Cameron** Read ebooks [EN] PDF, ePub, Mobi, Parenting strategies you can be proud of

You know the feeling. You got frustrated, desperate, or overwhelmed and you reacted before you could think it through. Whether it's a one-time thing or it becomes a habit, we all parent in ways we don't like. But it doesn't have to continue. Whether it's bribery, yelling, counting to three, or threats of punishment you didn't mean to make, reacting never feels good. But if you can learn to act with intentionality, you'll feel better about your choices and be grateful for the results.

Dr. Kathy Koch (pronounced "cook"), author of *Screens and Teens* and *8 Great Smarts*, will teach you proven strategies for training your child's heart and parenting in a way that honors God. She'll help you move your child from, "I can't, I won't," to "I can, I will, and I did." We can do better than "Because I said so." or "No screen time for 3 days." We can do better than mere behavior modification. We can change our children's hearts and teach them to do what is good, godly, and right even when we're not around. Once you've learned to put these motivation strategies in place there's no more need to nag, you'll be astounded at what your kids will do without being asked. Dr. Kathy doesn't offer a quick-fix. Starting with the heart is all about changing what children believe in order to change their behavior. And learning to use this kind of motivation takes effort, consistency, and strategy, but it works. And it's never too late! If you're willing to commit to a little hard work up front, you'll enjoy your kids, your life, and yourself much more when you learn to start with the heart.

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