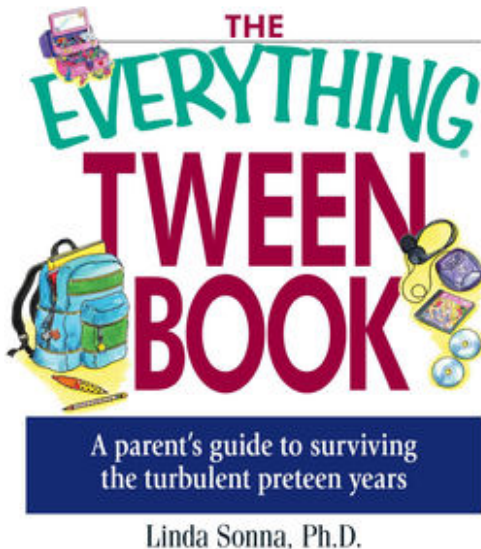


The Everything Tween Book - Linda Sonna

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The Everything Tween Book Linda Sonna Read ebooks [EN] PDF, ePub, Mobi, Has your daughter started wearing makeup and thinking about boys - years before you dreamed it could happen? Are you concerned that your son has been acting up and talking back - while you're sure you should still be his hero?

As you know, the "tween" years, which fall between the ages of eight and twelve, can often be a challenging time for both you and your child. *The Everything Tween Book*, written by child psychologist Dr. Linda Sonna, helps you navigate the trying years between childhood and adolescence. From addressing such serious issues as eating disorders and school violence to learning tolerance for pink and blue hair, *The Everything Tween Book* helps you understand and cope with your child's psychological, social, and emotional needs.

The Everything Tween Book provides sound, professional advice on:

- Understanding - and dealing with - rebellion
- Improving communication
- Disciplining
- Managing sibling spats
- Helping your tween face peer pressure
- Ensuring good health
- Teaching sex education

Packed with practical advice and reliable tips to help you get through the worst conflicts, *The Everything Tween Book* ensures that you stay sane while your tween blossoms into a healthy, happy, and mature young adult.

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