

The New Dad's Survival Guide - Scott Mactavish Read Ebooks [EN] PDF, EPub, Mobi



The New Dad's Survival Guide Scott Mactavish Read ebooks [EN] PDF, ePub, Mobi, FATHERHOOD DEMYSTIFIED! Finally-a manual for new dads that deciphers the immensely confusing world of fatherhood and gives crucial tips and advice from a man's point of view. No psychobabble, no warm fuzzies-just a hilarious (and surprisingly practical) military-style guide to surviving and thriving through even the queasiest moments of pregnancy, birth, and babyhood. Seasoned father and master infant-tamer Scott Mactavish breaks the Baby Code down and lays it out in straight-up guyspeak. The New Dad's Survival Guide includes declassified information on such topics as: * Cutting the Cord: The Moment of Truth * Feeding and Cleaning the NFU (New Family Unit) * Surviving Sleep Deprivation * Relieving Stress Without Booze * The Great Boob Irony * Pee, Poo, Hurl, and Snot: Getting Used to the Bodily Functions * Critical Survival Tips Never Before Revealed * Sex: Let the Games Begin Again...Finally * Dozens of Essential Terms Defined, Including Binky, Onesie, Diaper Genie, Passy, and Sippy Cup **GRAB YOUR BOOTS AND STRAP ON YOUR HELMET! THE BABIES**

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