

The Skinnytaste Air Fryer Cookbook - Gina Homolka & Heather K. Jones Read Ebooks [EN] PDF, ePub, Mobi



The Skinnytaste Air Fryer Cookbook Gina Homolka & Heather K. Jones Read ebooks [EN] PDF, ePub, Mobi, From #1 *New York Times* bestselling author Gina Homolka comes the must-have air fryer cookbook, featuring 75 quick and easy recipes that deliver on Skinnytaste's signature "light on calories, big on flavor" promise.

Gina Homolka is beloved for her incredible recipes that transform your favorite, comforting foods into healthy, low-cal dishes with tons of flavor. Now she brings her expertise to the game-changing air fryer appliance. Using high-powered, super-hot circulating air like a convection oven, air fryers crisp up your favorite "fried" foods with barely any oil needed. Cook times are shorter than traditional oven methods and the process requires little clean-up.

In *The Skinnytaste Air Fryer Cookbook*, Gina shares 75 of her best recipes that work in every type of air fryer, including basket models and countertop ovens with air fryer settings. You'll of course find crave-worthy recipes for traditionally fried foods, such as **Chicken-Vegetable Spring Rolls**, **Crispy Coconut Shrimp**, **Za'atar Chickpeas**, and **Pickle-Brined Chicken Tenders**, but Gina also shows you how versatile the appliance can be. Perfectly roasted meats and vegetables like **Korean Pork Lettuce Wraps**, **Roasted Fish with Lemon-Almond Crumbs**, **Sugar and Spice Acorn Squash**, and **Charred Sesame Green Beans**, along with baked goods like **Homemade Bagels** and **Cinnamon Rolls with Cream Cheese Icing**, are all executed beautifully in the compact air fryer.

For those of us with a sweet tooth, *The Skinnytaste Air Fryer Cookbook* even offers low-cal desserts, including **Churros**, **Very Berry Mini Pie**, and **Baked Apples with Streusel Topping**. Many dishes are vegetarian, gluten-free, and keto-friendly—all called out with helpful icons—and every recipe includes nutritional information (with the most up-to-date Weight Watchers points found on the blog).

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